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# Let's Get Dressed!

## A Family Study from Today in the Word

This Family Study is a companion to the Today in the Word devotional *Garments of Grace: Clothing in the Bible* (October 2024) The whole family can learn from God's Word together. In each of the four lessons, you will:



### Read

Read a passage  
in the Bible



### Understand

Understand the biblical  
text in a deeper way



### Imagine

Imagine the lesson  
with hands-on activities

## About Let's Get Dressed!

Hats, shoes, baseball caps, dresses. Your closet and dresser are probably filled with clothes. And while we may not think twice about the clothes we choose to wear each morning, the Bible tells us that clothing is important. In God's Word we see how clothing is used to describe God's care, protection, and favor for His people! And, by covering His people with things like garments, beautiful robes, and even spiritual armor, God demonstrates His love and guidance.



This *Today in the Word* family study was created in cooperation with Elizabeth Smith, Program Head and Associate Professor of Moody's Children and Family Ministry program. Please visit [www.moody.edu/academics/programs/children-family-ministry](http://www.moody.edu/academics/programs/children-family-ministry) for more information.

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# 10 Things to Know

## About the Clothing in the Bible

1

The first clothes belonged to Adam and Eve. First they put on fig leaves, then God clothed them in animal skins (see Genesis 3).

2

In the Old Testament, people needed to purify themselves before they could meet with God (see Exodus 19).

3

Putting on sackcloth, a rough fabric, was a symbol of repentance and humility before God (see 2 Kings 19 and Jonah 3).

4

During the years the Israelites wandered in the wilderness, their clothes and sandals never wore out! (see Deuteronomy 8).

5

John the Baptist wore clothes made of camel's hair as a sign of humility, pointing people to Jesus (see Matthew 3).

6

The father welcomed his prodigal son back with his "best robe," a ring, and sandals (see Luke 15).

7

What does God wear? In the Psalms, we read: "The LORD wraps himself in light as with a garment" (see Psalm 104:2).

8

At the cross, the soldiers gambled for Jesus' clothing, giving Him a purple robe and "crown" of thorns (see Luke 23).

9

God promises to feed and clothe us, just as He does the birds and the flowers (see Matthew 6:25–34).

10

In heaven, we will see "every nation, tribe, people and language . . . wearing white robes" (see Revelation 7:9–17).

# The Very First Clothes

## Memory Verse

*The LORD God made garments of skin for Adam and his wife and clothed them.—Genesis 3:21*



## Read Genesis 3:1-24

On the sixth day of Creation, God created the first people, Adam and Eve. They lived in a beautiful garden, and God told them they could eat fruit from any tree except one. When they disobeyed God, sin entered into the world. At that moment, Adam and Eve felt ashamed. They made themselves clothes using fig leaves. Then, they hid from God. When God called for them, Adam and Eve were ashamed of what they had done. They knew they had disobeyed Him. After God explained the punishment for their sin, He made them new clothes from animal skins. This showed that only God can take away our guilt. These were the very first clothes.



## Understand

1. What do we know about the Garden of Eden?
2. What was the one rule God gave to Adam and Eve?
3. What did they choose to do instead?
4. How did Adam and Eve feel after they ate the fruit?
5. Did God know that Adam and Eve had sinned?
6. What kind of clothes did God make for Adam and Eve?



## Imagine

Parents, find an old white shirt that is okay to be damaged. It can be any kind of shirt, a t-shirt or a button-up dress shirt, just so it is plain, white, and without visible defects. Show it to your children and ask them to describe it. Now, take a bottle of ketchup, dirt, or a marker (anything that will leave a stain). Let your children stain the front of this shirt with what you have provided. Ask them: What happened to the shirt? Would it matter if we had made only one spot on the front of the shirt? Why or why not? Explain that even when we wash the shirt, that stain will leave a mark behind. Use this simple illustration to show your children the lasting effect of sin. Just like Adam and Eve had broken only one rule, sin still separated them from God (Romans 5:12). Only God can take away sin (Isaiah 1:18; 1 John 1:9).



## Prayer

*Dear God, We thank You for the gift of salvation,  
and for Jesus who died to take away the sins of the world!*

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# A Colorful Robe

## Memory Verse

*You intended to harm me,  
but God intended it for good.—Genesis 50:19*



## Read Genesis 37:1-35; 45:3-7

When Joseph was 17 years old, his dad, Jacob, gave him a special gift, “an ornate robe” (Genesis 37:3). Joseph’s brothers were upset and “hated” him (v. 4). They believed their dad was choosing Joseph as his favorite. Joseph brought his father a bad report about his brothers (v. 2) and shared his dreams that described them as bowing down to him (vv. 5–11). His brothers hurt Joseph and sold him into slavery (v. 28). They lied to their father, saying Joseph was probably dead (v. 32). Bad things happened to Joseph, but his dad never stopped loving him. God was with him and would use Joseph to rescue his entire family!



## Understand

1. Why did Joseph’s special robe make his brothers so angry?
2. What happened to Joseph?
3. How did God protect Joseph?
4. How did God use Joseph to protect his family?
5. Why should we trust God when we are treated unfairly?



## Imagine

To help your kids understand how God can use even bad things for His purpose, we will do scratch art. Take a blank piece of white paper and draw a colorful design all over it. Use as many colors as you can and completely cover the page. It can be any design you’d like. When your children are done, hand them each a black or dark-colored crayon. Now, have them cover the design they just drew with that black or dark color. They should completely cover up with black. Step 3 is the fun part. Using a coin or a wooden skewer, scratch a design on the top layer to reveal the color underneath. Explain how even when bad things happen to us, God good plan. Joseph’s brothers wanted to erase the beautiful gift Joseph’s dad had given him. But God meant it all for good. We can trust Him the same way!



## Prayer

*Dear God, life can be unfair. It hurts when other people are mean to us. We ask You to protect us, God, and we trust that You will make even hurtful things turn out for good. Amen.*

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# A Closet of Godly Clothes

## Memory Verse

*As God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness, and patience.—Colossians 3:12*



## Read Colossians 3:12-14

Did you ever go shopping for new clothes? Maybe your old clothing was worn out or too small. When we believe in Jesus as our Savior, we are clothed with new clothes, the “garments of salvation,” and dressed in “a robe of his righteousness” (Isa. 61:10–11). The Bible tells us that “as God’s chosen people, holy and dearly loved” we are able to put on new “clothes” or attitudes every day! With God’s help, we can begin to look more like Him in the way we speak, act, and talk.



## Understand

1. What does it mean to be saved?
2. How is our new life in Jesus like new clothes?
3. What does Colossians say we should clothe ourselves in?
4. What do we mean by compassion, kindness, humility, gentleness, and patience?
5. What does it mean to forgive someone?
6. Why is this an important part of living like Jesus?



## Imagine

This activity is all about putting on clothes. Gather a pile of adult-sized clothes, at least 20 items. They can include shirts, pants, but also caps, belts, socks and shoes. One at a time, have your children run over to the pile and put on as many items as they can. Use a timer to give them only one minute. Have a contest to see who is able to put on the most clothes in that time. When they are done, talk a bit about the clothing in today’s lesson. What would it look like if we wore the spiritual “clothes” described in Colossians? How would we change? How would our family change for the better? Make it your goal to wear these “clothes” this week!



## Prayer

*Dear God, As we get dressed this week, remind us to “put on” the clothing You have given us. Help us to be more like You—patient, loving, and kind. Amen.*

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# Putting On Armor

## Memory Verse

*Put on the full armor of God, so that you can take your stand against the devil's schemes.—Ephesians 6:11*



## Read Ephesians 6:10-20

The Bible tells us to “put on the full armor of God”! Without it, we are not able to “stand against the devil’s schemes” (Eph. 6:11). Soldiers in Bible times wore metal armor to protect themselves in battle. That is what each piece of godly armor is designed to do for us. For example, the shield of faith (v. 16) protects us from the “flaming arrows of the evil one.” The helmet of salvation (v. 17) keeps safe our head and brain. We’re not always clothed in the armor of God, nor is it automatic. We choose to put it on (v. 11). This should be a daily choice as we grow in faith!



## Understand

1. What was armor used for in Bible times? For fun, look up “Roman armor” on the internet.
2. As we follow God, against whom is our struggle? (see verses 11–13).
3. Read about each piece of armor. What is it and how does it protect us?
4. There’s a secret weapon in verse 18. What is it?
5. How does God’s Word protect us?
6. What things can you do to put on “the full armor of God”?



## Imagine

Gather some objects from around your house that we wear for protection: sunglasses, baseball glove, bike helmet, oven mitt, sunscreen, safety goggles, bug spray, winter coat. Put all these in a pile in front of your kids and ask what they have in common. If they have trouble, pick up one item at a time and ask what it is used for. Eventually they will understand that we use each of these things, we “put them on” so we can stay safe from something that will harm us. The same is true for the spiritual armor in today’s lesson. Go through the list of armor in Ephesians 6, one item at a time. Ask your children to describe a situation where that piece of armor would keep them from danger. Then, ask them what things we can do to make sure we’re ready for battle!



## Prayer

*Dear God, thank You for giving us armor to help us stand against the devil! We are so thankful that You are on our side. Help us remember to put on our armor by reading Your Word and praying. Amen.*

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